Tristel plc

("Tristel" or the "Company")

Director/PDMR Shareholding and Issue of Equity

Tristel plc (AIM: TSTL), the manufacturer of infection prevention, contamination control and hygiene products, announces that, following the exercise of options by Liz Dixon, Finance Director, it has issued and allotted 157,523 new ordinary shares of 1 penny each in the Company ("Ordinary Shares"). Application will be made for the new Ordinary Shares to be admitted to trading on AIM and dealings are expected to commence on 9 March 2020.

The new Ordinary Shares will rank *pari passu* with the existing shares of the Company. Following the above exercise of options, the Company's issued share capital consists of 45,079,346 Ordinary Shares. Accordingly, the figure of 45,079,346 may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in the Company under the FCA's Disclosure Guidance and Transparency Rules.

Liz Dixon subsequently sold 157,523 Ordinary Shares at a price of 431 pence per Ordinary Share on 2 March 2020. Liz Dixon's resultant shareholding in the Company remains unchanged at 45,000 Ordinary Shares. Liz Dixon also holds 464,865 options over Ordinary Shares which together with her shareholding represents 1.12% of the issued share capital of the Company. Of the options held 266,667 have yet to vest.

For further information please contact:

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Tristel plc Paul Swinney, Chief Executive Officer Liz Dixon, Finance Director

Walbrook PR Ltd Paul McManus Lianne Cawthorne

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Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1.	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Liz Dixon

2.	Reason for the Notification.	Sale of Ordinary Shares			
a)	Position/status	Director			
b)	Initial notification/Amendment	Initial notification			
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Tristel plc			
b)	LEI	2138009DZ4LH9CZGF662			
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the Financial instrument, type of instrument	Ordinary shares of 1p			
	Identification code	GB00B07RVT99			
b)	Nature of the transaction	Exercise of options over Ordinary Shares Sale of Ordinary shares			
c)	Price(s) and volume(s)	Exercise Price	Volume(s)		
		1р	157,523		
		Price(s)	Volume(s)		
		4.31 GBP	157,523		
d)	Aggregated information:				
	Aggregated volumePrice	Exercise of options over 157,523 Ordinary Shares at an exercise price of 1p Sale of 157,523 Ordinary Shares at £4.31 per ordinary share			
e)	Date of the transaction	02/03/2020			
f)	Place of the transaction	London Stock Exchange, AIM Market (XLON)			